

# PLANET RHYTHMICS

## JULY & AUGUST 2021

**LOCATION:**  
PLANET STUDIO  
1701-Welch St,  
North Vancouver

**CONTACT US:**  
604-317-1687  
alla@planetr.ca  
www.planetr.ca

### Full Day Rhythmic **STARS CAMP** 5-7 y.o

Learn what rhythmic gymnastics is all about: dance + gymnastics + apparatus work. Try your hand at rope skipping, hula-hooping, ball bouncing, juggling, ribbon twirling, etc.

- Rhythmic Gymnastics Class twice daily (acrobatics class included)
- Time for Snack and Lunch (bring your own)
- Organized Games
- Outside Play
- Craft Time

**5-7 y.old**  
Monday-Friday 9:00am-3:00pm  
\$102/day  
Choose to register from 2 to 5 days a week!

### **SUMMER MINI CAMP**

Includes:

- 1 Rhythmic Gymnastics Class
- Snack & Craft Time
- Organized Indoor & Outdoor Games

**3-4 y.old**  
Tues; Thurs 12:30-3:00pm  
\$47/day

### Rhythmic Gymnastics

#### **IN-PERSON** Classes

Classes in our studio for kids to work on their flexibility, coordination, strength, musicality, and apparatus skills (rope, hoop, ball, and ribbon).

#### **3-4 y.old**

Mon; Wed; Fri	4:00-4:45pm
Sat	10:00-10:45am
\$22.50/day	

#### **5-7 y.old**

Mon; Wed; Fri	9:00-10:00am
Mon; Wed; Fri	5:00-6:00pm
Tues; Thurs	3:30-4:30pm
Sat	11:00-12:00pm
\$25/day	

#### **8-12 y.old**

Tues; Thurs	4:30-5:30pm
Sat	12:00-1:00pm
\$25/day	



### **INTENSIVE SUMMER CLASSES**

(Performance and InterClub)

#### **6-8 y.old**

Tues; Thurs	10:00-12:00pm
\$30/day	

#### **9-16 y.old**

Mon; Wed	3:30-5:30pm
\$30/day	

### Rhythmic Gymnastics

#### **ONLINE** Classes & Fun Time

Try rhythmic gymnastics classes from the convenience of your home.

#### **6-9 y.old**

Tue; Thu	10:00-11:30am
Tue; Thu	4:00-5:30pm
\$23/day	

