PLANET RHYTHMICS **SUMMER CLASSES**

Planet Rhythmics

SUMMER CAMP

Offered weekly from July 6th till August 28th.

Learn what rhythmic gymnastics is all about: dance + gymnastics + apparatus work. Try your hand at rope skipping, hula-hooping, ball bouncing, juggling, ribbon twirling, etc. Register for 1 to 3 days a week, in our full-day or half-day camps.

Includes:

- Rhythmic Gymnastics Class twice daily (acrobatics class included)
- Time for Snack and Lunch (bring your own)
- Organized Games
- Outside Play
- Craft Time

5-7 y.old

Full Day Camp

Mon; Wed; Fri 9:00-3:00 \$90/day; \$270/wk

Half Day Camp

Mon; Wed; Fri 9:00-12:00

OR 12:00-3:00

\$45/day; \$135/wk

8-12 y.old

Full Day Camp

Tue; Thu 9:00-3:00 \$90/day; \$180/wk

Half Day Camp

Tue; Thu 9:00-12:00 OR 12:00-3:00

\$45/day: \$90/wk



JULY & AUGUST 2020



LOCATION: 1701-Welch St. North Vancouver

> **CONTACT US:** 604-317-1687 alla@planetr.ca www.planetr.ca

Rhythmic Gymnastics INDOOR Classes

Offered weekly from July 6th till August 28th.

One-hour long classes in our studio for kids to work on their flexibility, coordination, strength, musicality, and apparatus skills (rope, hoop, ball, and ribbon). Register for once or twice a week.

5-6 v.old

Mon; Wed; Fri 9:00-10:00am Mon; Wed 3:30-4:30pm Tue; Thu 5:00-6:00pm 1/wk \$80/mo; 2/wk \$160/mo

7-9 y.old

Mon; Wed 5:00-6:00pm 1/wk \$80/mo; 2/wk \$160/mo

10-16 y.old

Tue; Thu 3:30-4:30pm 1/wk \$80/mo; 2/wk \$160/mo



Rhythmic Gymnastics ONLINE Classes

Offered weekly from July 6th till August 28th.

Try rhythmic gymnastics classes from the convenience of your home. One-hour long classes for kids to work on their flexibility, coordination, strength, musicality, and apparatus skills (rope, hoop, ball, and ribbon). Register for once or twice a week.

5-7 v.old

Mon; Wed 6:00-7:00pm Tue: Thu 2:00-3:00pm 1/wk \$60/mo; 2/wk \$100/mo

8-12 y. old

Mon; Wed 5:00-6:00pm 1/wk \$60/mo; 2/wk \$100/mo

